

LUIS

MENTOR | THERAPY ASSISTANT



CONTACT

South Australia
Servicing Adelaide Metro &
Surrounds

Hello@Harbourhelp.com.au
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www.harbourhelp.com.au

BACKGROUND

Bachelor of Occupational Therapy
(Honours) University of Adelaide
(Second Year)

Working alongside allied health
professionals to deliver
structured, safe, and meaningful
support.

Strong focus on functional
independence, daily routines,
and participant-centred care.

APPROACH

Luis delivers structured, goal-
oriented support grounded in
occupational therapy principles.

His approach focuses on building
independence in daily routines,
developing practical life skills, and
supporting meaningful
participation aligned with
participant goals.

INTERESTS

- Building routines and structured daily habits
- Community engagement and participation
- Task-based and practical skill development
- Activity-based mentoring
- Supporting independence through everyday tasks

Uses structured activities and
routine-building to develop
confidence and independence.

EXPERIENCE

Mentor | Therapy Assistant

Supporting participants across a range of functional and psychosocial needs, including:

- Activities of Daily Living (ADLs) and routine development
- Task sequencing, organisation, and skill-building
- Community access and social participation
- Cognitive and executive functioning support
- Sensory-aware and environment-focused support
- Social, behavioural, and confidence-based mentoring
- Graded exposure and habit-building programs
- Allied Health Assistance under professional guidance

COMPLIANCE & CHECKS

- Working With Children Check
- NDIS Worker Screening Check
- National Police Clearance
- First Aid & CPR Certified
- Manual Handling & Infection Control Training