

LORENZO

MENTOR | THERAPY ASSISTANT



CONTACT

South Australia
Servicing Adelaide Metro &
Surrounds

Hello@Harbourhelp.com.au
0468 250 175
www.harbourhelp.com.au

BACKGROUND

Bachelor of Physiotherapy
(Honours)
University of Adelaide (Fourth
Year)

Working alongside allied health
professionals to deliver
structured, safe, and outcome-
focused support.

Strong foundation in
musculoskeletal
rehabilitation, functional
movement, and participant-
centred care.

APPROACH

Lorenzo delivers structured, goal-
directed support grounded in
physiotherapy principles and
evidence-based practice.

His approach focuses on
improving functional capacity,
building independence, and
creating measurable, sustainable
outcomes aligned with participant
goals.

INTERESTS

- Sport and physical conditioning
- Functional movement and
rehabilitation
- Community-based activities
- Structured routines and goal-
setting
- Activity-based mentoring

Uses movement, structure, and
engagement to build confidence,
capacity, and independence.

EXPERIENCE

Mentor | Therapy Assistant

Supporting participants across a broad clinical and
functional spectrum, including:

- Functional movement and mobility support
- Musculoskeletal rehabilitation and conditioning
- Daily living skills and independence building
- Community access and engagement
- Structured, physiotherapy-style functional activities
- Social, behavioural, and confidence-based mentoring
- Recovery-focused and graded capacity-building
programs
- Allied Health Assistance under professional guidance

COMPLIANCE & CHECKS

- Working With Children Check
- National Police Check
- NDIS Worker Screening Check
- First Aid & CPR Certified
- Manual Handling & Infection Control Training