

BLANKA

MENTOR | SUPPORT WORKER



CONTACT

South Australia
Servicing Adelaide Metro &
Surrounds

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BACKGROUND

Extensive experience in aged care and community support.

Strong background in maintaining high standards of hygiene, organisation, and structured home environments.

Experienced in working with participants with chronic health conditions, including MS.

APPROACH

Blanka delivers structured, reliable, and highly organised support, with a strong focus on cleanliness, routine, and efficiency within the home.

Her approach prioritises safety, dignity, and independence, supporting participants to remain engaged and in control of their environment.

INTERESTS

- Maintaining structured and organised environments
- Supporting meaningful daily routines
- Cooking and meal preparation
- Community access and appointments
- Long-term relationship-based support

Focused on consistency, routine, and creating a calm, well-managed home environment.

EXPERIENCE

Mentor | Support Worker

Providing high-level in-home and community support, including:

- Meal preparation (including diet-conscious support)
- Grocery shopping and errands
- Appointment attendance (GP, hydrotherapy, specialists)
- Safe transport and mobility assistance
- Manual handling and transfer support
- Post-hydrotherapy supervision and safety monitoring

Experienced supporting participants with MS and chronic conditions, including managing fatigue, mobility changes, and fluctuating capacity.

COMPLIANCE & CHECKS

- Working With Children Check
- National Police Clearance